

STATE of MINNESOTA

Proclamation

WHEREAS: Reflex Sympathetic Dystrophy (RSD), also known as Complex Regional Pain syndrome

(CRPS), is a chronic neurological pain syndrome that affects one or more extremities,

along with organs, joints, and muscles; and

WHEREAS: The symptoms of RSD/CRPS are often described as a burning that is out of proportion to

the severity of the initial injury, and can include central and peripheral nervous system sensitization, extreme sensitivity to touch, decreased range of motion, pathological

changes in bone and skin, excessive sweating, and tissue swelling; and

WHEREAS: There is no identifiable cure for RSD/CRPS. Treatments aimed at easing pain and

improving function include physical therapy, occupational therapy, nerve blocks, graded motor imagery/mirror therapy, ketamine infusions, Calmare, opiates, pain pumps, and

spinal cord stimulators; and

WHEREAS: RSD/CRPS is estimated to affect between 1.5 and 3 million people in the United States.

The onset of RSD/CRPS can occur at any age with both male and females experiencing it,

although the syndrome is more common in females; and

WHEREAS: RSD/CRPS Awareness Month provides an opportunity for both individuals living with

RSD/CRPS and their community to join together and promote further education, in order to encourage increased treatment research and an eventual cure for the disorder.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the month of November 2018, as:

RSD/CRPS AWARENESS MONTH

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 28th day of September.

GOVERNOR

Phus Pimm SECRETARY OF STATE